



President's Message

Dear *Members of the Niagara Association*:

I hope this newsletter finds you well and your fall season is progressing to your satisfaction. The **Niagara Association** has sponsored and Sanctioned a number of great events this fall so hopefully you can participate in a few and enjoy the beautiful autumn weather and challenging competition of Western New York.

I am working very diligently to get the **USATF Niagara Speakers Bureau** up and running. The Association is actively soliciting coaches, officials, athletes, race directors and any others involved in the sport to participate in the program.

Basically what we are trying to do is capitalize on the knowledge base of any number of individuals within the sport who reside in the *Niagara Association*.

It is my hope that as we develop the *Speakers Bureau* it will offer clubs, high schools and colleges a resource for selecting knowledgeable individuals who for a nominal fee could speak at a club meeting, conduct a mini-clinic or highlight an annual banquet.

I encourage anyone interested to contact the **USATF Niagara** website for details or drop me a note. I'd also appreciate any recommendations for potential speakers. (*see page 4 for complete information*)

Feel free to contact me either by phone (315) 889-5168 or email spinedoctor229@hotmail.com.

Best of luck for a great fall season.

Sincerely, **Russ Ebbets, DC**

Lopez Lomong Receives U.S. Citizenship

Joseph Lopepe "Lopez" Lomong has called Central New York, Otisco Lake, home since 2001 when he was adopted through the **Catholic Charities** refugee resettlement program. *Lomong* quickly became a star athlete competing in cross country and track while attending **Tully High School** and is still competing and now attending **Northern Arizona University** in Flagstaff, Arizona. In June *Lomong* ran **3:37:07** winning the NCAA 1500 meter Outdoor Track & Field Championships in Sacramento, California, which followed his impressive win earlier this year at the 3000 meters Indoor Championships.

On Friday, July 6th, *Lopez Lomong* of the Sudan became a proud new U.S. citizen. *Lomong's* next goal is to compete for the U.S. in the 2008 Olympics in Beijing.

In 1991, *Lomong* was brutally taken away from his family at age 6 by Sudanese soldiers who pushed 19 other children into trucks on route to a prison camp. In a few weeks *Lomong* and other young boys escaped their captures. The group of boys walked for days into bordering Kenya and found themselves in a refugee camp.

This August, *Lomong's* compelling story of struggle and triumph was featured in a **HBO Real Sports** segment. *HBO* flew *Lomong* back to Kakuma for a tearful but happy reunion with his biological family after a long 16 year absence. The *HBO Real Sports* segment is being aired during the entire month of September and the beginning of October.



USATF Niagara Association 2007 Cross Country Schedule

Saturday, October 27th USATF Niagara Association **Masters** XC Championships

This event is held in conjunction with the *Upstate NY XC Series* races.

@ Watkins Glen State Park, Watkins Glen, NY

11:00am: Open Men & Women 6k

11:45am: Masters Men & Women 6k

\$8 Pre, \$10 Post Meet Information at www.peteglavin.com

Awards: USATF Medals to the top 3 individual USATF Niagara Masters Men and Women finishers in all 5-year age groups: 40-44, 45-49, 50-54, 55-59,

USATF Medals to the top 3 USATF Niagara Association Club teams in 10 year age groups: 40+, 50+, 60+,

Note: By rule M40+ and M50+ teams can list 8 and score 5 runners. All other Masters Team age divisions can list 5 and score 3 runners.

Directions: **Watkins Glen State Park**, 1009 North Franklin Street, Watkins Glen, NY 14891, is located near the southern end of Seneca Lake. Follow the signs to the Upstate NY XC race which will be staged in the campground area.

Sunday, November 18th USATF Niagara Association **Open** XC Championships

This event is held in conjunction with the *GVH XC Invitational*.

@ **Finger Lakes Community College** in **Canandaigua, NY**

10:00am: Masters Men 8k

10:45am: Open and Masters Women 6k

11:30am: Open Men 8k

Meet Information at www.peteglavin.com

Awards: USATF Medals to the Top 8 USATF Niagara Association finishers in both the Open Men's 8k and Open Women's 6k. USATF Medals to the scoring members of the Top 3 USATF Niagara Assn. Club teams in both the Open Men's 8k and Open Women's 6k.

Directions: **Finger Lakes Community College** is located at 4355 Lakeshore Drive, Canandaigua, NY 14424, less than 2 miles from downtown Canandaigua, on the east side of Canandaigua Lake.

The top USATF Niagara Association finishers - Male & Female will each receive \$100.00. **Amanda Laytham** of the *Syracuse Chargers* and **Ryan Pauling** representing *GVH* were the top USATF Niagara finishers in 2006.



Renew Your USATF Niagara Membership Online

Niagara Association members can easily renew their membership online or through the mail for one, two, three, or four years. Each multiple year membership is discounted;

	1 Year	2 Years	3 Years	4 Years
Adult Membership	- \$29.95	- \$54.95	- \$79.95	- \$99.95
Youth Membership	- \$19.95	- \$39.90	- \$59.95	- \$79.80

For hard copy application to mail in, please visit: www.usatf.org/membership/application/.

Be sure to check out **Member Benefits** at: www.usatf.org/membership/benefits/

USATF Niagara Sanctioned Event Calendar

EVENT	Sanction #	Event Location	Event Date
Home Care & Hospice 10 km Spice Trail Run	07-04-021	Castile, NY	9/29/2007
Charlene Page Memorial 5 km Run	07-04-122	Buffalo, NY	9/29/2007
5 km Run & Fun Walk	07-04-130	Buffalo, NY	9/29/2007
Out of Bounds Half Marathon & 10 km Cross Country/Trail Races	07-04-144	Canandaigua, NY	9/29/2007
Autumn Challenge 5 km XC	07-04-147	Glenwood, NY	9/29/2007
Syracuse Festival of Races 5 km	07-04-068	Syracuse, NY	9/30/2007
Linda Yalem Safety Run 5 km	07-04-141	Buffalo, NY	9/30/2007
Rochester Autumn Classic Trail Races 4.5 Mile & 9 Mile	07-04-143	Mendon, NY	9/30/2007
Canandaigua Lake Relay/Ultra 50 km & 50 Mile	07-04-112	Canandaigua, NY	10/6/2007
Scarecrow Safe Journey 5 km Run/Walk	07-04-114	Fairport, NY	10/6/2007
Brown's Berry Patch 5 km Run for Hospice	07-04-136	Waterport, NY	10/6/2007
Fall Festival 5 km Run	07-04-148	Ellicottville, NY	10/7/2007
Walk the Water for Jessi's House	07-04-149	Irondequoit, NY	10/7/2007
Run for Hospice 4 Mile & 10 Mile	07-04-073	Hilton, NY	10/13/2007
Charles McDougald 5 km	07-04-121	Amherst, NY	10/13/2007
Jensen Stables XC Mudslog 10 km	07-04-029	Fairport, NY	10/20/2007
Dr. Richard Sarkin 5 km Memorial Run/Walk	07-04-106	Buffalo, NY	10/20/2007
ECMC Lifeline Foundation 5 km Run and Health Walk	07-04-140	Buffalo, NY	10/20/2007
Upstate NY Cross Country Series/Niagara Masters Championships	07-04-127	Watkins Glen, NY	10/27/2007
Bruegger's Halloween Run 5 km	07-04-146	Baldwinsville, NY	10/28/2007
Charlie's Old Goat 10 Mile Trail Run	07-04-142	Victor, NY	11/3/2007
Upstate NY Cross Country Series	07-04-125	Verona, NY	11/4/2007
Lindsay's Legacy 5 km	07-04-150	Tonawanda, NY	11/10/2007
Making Tracks for Families 5 km	07-04-151	Buffalo, NY	11/17/2007
Upstate NY Cross Country Series/Niagara Open Championships	07-04-126	Canandaigua, NY	11/18/2007
GRTC Freezeroo #1 Mendon (Ogden in 2006)	07-04-145	Mendon, NY	12/15/2007
GRTC Freezeroo #2 Mendon	08-04-002	Mendon, NY	1/1/2008
GRTC Freezeroo #4 Pittsford	08-04-003	Pittsford, NY	1/26/2008
GRTC Freezeroo #5 Greece	08-04-004	Greece, NY	2/9/2008
GRTC Freezeroo #6 Riga	08-04-005	Riga, NY	2/23/2008
Anew Run 5 km	08-04-001	Jamestown, NY	4/19/2008

Event Sanctioning Reaches 151 in 2007

Event Sanctioning plays a major roll for the viability of our area running communities. *Niagara Association* has already issued **151 Sanctions** to events from *Jamestown, Buffalo, Rochester, and Syracuse* areas. Many events would not be able to host runs, walks, trail, or cross country events due to the large financial cost to purchase event liability insurance on the open market. *Niagara Association*, through USATF, offers event Sanctions at very reasonable rates and are written specifically for competitive events. *Niagara Association* annually Sanctions more than 160 events each year.

For more information about event sanctioning call: 585-421-9626 or visit: www.usatf-niagara.org/niagarasanction03.htm

USATF NIAGARA SPEAKERS BUREAU

Ongoing call

In an effort to spotlight and share the cumulative knowledge of individuals within the *Niagara Association of USA Track & Field*, we have developed a **Speakers Bureau**. The goal of the *Speakers Bureau* is to create a network of accomplished administrators, coaches, officials and athletes who are willing to share their expertise and experiences with groups across the Association territory.

If you feel you have some noteworthy contributions to share, would like to participate in the program, and be listed on the *USATF Niagara* website as one of our *Speakers Bureau* experts, please send us your information.

Frequently Asked Questions (FAQ)

Q - How do I sign-up and how much does it cost?

A - There is no cost to sign-up. The *Speakers Bureau* is open to all current members of the *USATF Niagara Association*. Qualification requirements are a letter expressing your interest, current *USATF Niagara* Membership, and two references to support your application.

Q - How will the *Speakers Bureau* work?

A - On the *USATF Niagara* website will be the names of individuals participating in the program. It is the responsibility of the speakers and organizations to connect and coordinate details regarding speaking engagements (i.e.- dates, times directions, etc.)

Q - How much will it cost to hire a speaker?

A - Speakers stipends are set on *one-way travel times* at \$100 for engagements up to an hour's travel away. The cost for 90 minutes of travel is \$150, two hours is \$200, etc. These costs will be agreed upon by the booking organization and speaker prior to finalizing an engagement.

Q - Who is responsible for paying the speaker?

A - Organizations, clubs, schools or other entities booking the speaker are responsible for paying the speaker. It is expected the speaker will be paid in full upon arrival or before the start of a program.

Q - What is the format of the speaker presentations?

A - This detail can be negotiated with the speaker and the booking organization. Presentations may be informal discussions, power point presentations, question and answer sessions or any combination of the above.

Q - Where are the presentations to be held?

A - Securing a facility for the presentation is the responsibility of the booking organization.

Q - Can admission be charged?

A - Yes, this is up to the discretion of the booking organization.

Q - What speech topics will be offered?

A - See the individual speakers profiles for suggested topics.

Rules of Participation for Speakers:

This is a voluntary program. You have the right to decline any speaking invitation due to previous engagement, travel distance, or family commitments, etc.

There will be NO cost for your listing on the *USATF Niagara* website.

Stipend arrangements are between you and the booking organization.

Stipends are to be paid according to travel times; 60 minutes or less one-way drive \$100, 90 minutes one-way drive \$150, and 2 hours one-way drive \$200.

You must be a current *USATF Niagara* member to be included in the program.

Speaker's Application:

Submit a brief resume or curriculum vita of your career achievements or highlights.

Submit a one-page written summary highlight of your sport-related activities.

Write a 25-50 word description of how you would like your "speaker ad" to read. This is what will be put on the *USATF Niagara* website.

Remember to include where you live and your preferred contact information (email, phone, address, etc.)

Include the contact numbers for two references who you feel would speak to your qualifications for this program. You may notify these individuals that they may be contacted.

Include your current *USATF Niagara* Membership number.

Information may be sent electronically or via snail mail to: **Russ Ebbets, PO Box 229, Union Springs, NY 13160**

or E-Mail: spinedoctor229@hotmail.com

Feel free to call **315-889-5168** if you have further questions.

James Qualifies for Olympic Trials Race Walks

September 23, 2007, Welland, Ontario... Conditions were near perfect for the **2007 Ontario 20K Walk Championship** on the Merritt Island course. Temperatures were in the low 60's, very little wind on the mostly shade covered course. 21-year-old **Pierre Luc Menard** probably had the most ambitious goals as he needed to walk 1:30 to qualify for next year's World Cup. Hoping to finish somewhere around his time from last year **Allen James** was shooting for another mid-1:33 time. Making the trip from Quebec with **Pierre Luc** were **Marina Crivello, Olivier Duguay-Boucher** and **Alexandre Gagne**.

Pierre Luc walked a near perfect race to hit the standard. Even though he was slightly off pace he still managed a fantastic last lap to close the race in **1:30:09**. His time was good enough to hit the Quebec training fund standard of... **1:30:09!** In a distant second place **James** maintained an excellent pace through 15K, but had difficulty maintaining his pace as he tightened up over the final 5K. **James** still finished in a quality 1:34:23 and took home the top age-graded award, his time was under the Olympic Trials "A" Qualifying Standard of **1:36:00**.

The race for third place was a three person effort as **Olivier, Alex** and **Marina** all walked together through 15K. **Olivier** saved his best 5K for the last as he just dipped under 25 minutes with a 24:58. I'm not 100% sure, but I believe this was the first 20Ks for both **Olivier** and **Alex**. **Marina** finished strong in spite of some late race stomach issues.

Overall, it was a great day for racing as 9 personal bests were attained in a field of 36 competitors or 25%. A great thanks goes to **Roman Olszewski**, the officials and all of the helpers for a job well done.

2007 Rose City Ontario 20km Road Walk Championships Welland, Ontario September 23, 2007

1,649.69 meter loop (IAAF Certified)

Warm temperatures throughout, very slight breeze, sunny;

36 starters from 37 entries (race record).

Judges: Brian Keaveney (Chief), Joan Sutherland, Miki Kalm, Elaine Lake, Jaan Roos, Enrico Toscano.

Finish Line: John Caulfield, Ken Lake (Starter as well), Laura Houston, Suzanne Leroux, Roman Olszewski.

Medical Officer: Dr. Jaan Roos.

RESULTS

(Club affiliation shown only if athlete is registered with OTFA or branch)

Women's 20km – Championship

		Official 5km splits
1. Marina CRIVELLO (1979) 27	QU-FDL	1:43:52, 25:18, 51:04, 1:17:22
2. Laura FELLER (1997) 28	NY-UNAT	1:58:15, 28:23, 57:38, 1:27:41
3. Kitty CASHMAN (1960) 47	ON-ETOB	2:02:20, 29:00, 58:23, 1:29:07

CRIVELLO – GOLD, CASHMAN – GOLD, FELLER - SILVER

Men's 20km - Championship

1. Pierre-Luc MENARD (1986) 21	QU-FDL	1:30:09*, 22:13*, 44:34*, 1:07:26
2. Allen JAMES (1964) 43	NY-NW	1:34:23, 23:18, 46:25, 1:09:54
3. Olivier DUGUAY-BOUCHER (1988) 19	QU-CADL	1:42:17 pb, 25:16, 51:03, 1:17:19
4. Alexandre GAGNE (1989) 19	QU-SAG	1:43:43 pb, 25:17, 51:03, 1:17:21

* = Course Record

pb = Personal Best

MENARD – GOLD, JAMES – SILVER, DUGUAY-BOUCHER - BRONZE

USATF Niagara Member Club/Organization Contact List

0010	Alden Community Scholarship Fund	<i>Catherine Cyrulik</i>	PO Box 116	Alden	14004	716-937-9803	ccw@buffalo.edu
0179	Belle Watling Track Club	<i>Ted Sullivan</i>	75 Mayfair Lane	Williamsville	14221	716-634-7095	
0402	Bond Lake AC	<i>Raymond F Ernst</i>	47 Flower Street	Buffalo	14214	716-832-9442	runninray@verizon.net
0055	Brian Rybarczyk Memorial Research Fund	<i>Susan Rybarczyk</i>	9855 Keller Road	Clarence Center	14032	716-741-6328	rybs2@netscape.net
0200	Brockport Distance Project	<i>Mark Krueger</i>	31 Barry Street	Brockport	14420	585-637-7055	mkrueger@brockport.edu
0935	Buffalo Philharmonic AC	<i>Skip Richardson</i>	81 Avon Street	Blasdell	14219	716-832-4674	garich@localnet.com
0980	Central NY Impalas	<i>Charlie Lester</i>	203 Old Lyme Road	Syracuse	13224	315-446-7396	CNYImpalas@aol.com
0512	Chautauqua Striders	<i>David Reinhardt</i>	101 East 4th Street	Jamestown	14701	716-488-2203	david@chautauqua-striders.org
0936	Checkers Athletic Club	<i>Roger Roll</i>	80 South Cayuga Road	Williamsville	14221	716-912-9800	rogerroll@adelphia.net
1020	Eden Valley Track Club	<i>Kiernan Pierce</i>	2962 Kulp Road	Eden	14057	716-992-9299	robkier@verizon.net
0020	Falcon Track Club	<i>James Zubler</i>	4986 Chapman Parkway	Hamburg	14075	617-627-4229	jzubler@frontier.wnryic.org
1080	Falconer Flyers TC	<i>Richard Bianco</i>	332 East Main Street	Falconer	14733	716-450-3198	rbianco@falcon.wnryic.org
0035	Felder-Syracuse T & F Stadium, Inc	<i>Irene Thompson</i>	PO Box 11417	Syracuse	13218	315-445-8938	impalas2000@hotmail.com
1050	Finger Lakes Track Club	<i>John Wilson</i>	54 Mechanic Street	Seneca Falls	13148	315-568-8691	dwilson5@rochester.rr.com
1040	Fleet Feet Sports-Yellowjacket Racing	<i>Dave Boutillier</i>	2210 Monroe Avenue	Rochester	14618	585-697-3338	ellen@fleetfeetrochester.com
1060	Fleet Feet Syracuse AC	<i>Brendan Jackson</i>	26 McHarrie Street	Baldwinsville	13027	315-720-3533	Bjackson@twcny.rr.com
0964	Genesee Valley Harriers RC, Inc	<i>Peter Glavin</i>	PO Box 16375	Rochester	14616	585-720-9252	pglavin@rochester.rr.com
0500	Glen Iris 5k/Cordella Greene Library	<i>Pam Bliss</i>	5714 Glen Iris Road	Castile	14427	585-703-2552	blissfam@frontiernet.net
0070	Grace Lutheran Church	<i>Pastor Garry A. Seefeldt</i>	6220 McKinley Parkway	Hamburg	14075	716 649-6581	gaseefeldt@verizon.net
1006	Grand Island Track Club	<i>Don Sauer</i>	6471 Kevington Place	Boston	14025	716-941-1004	coachdms@netzero.com
0031	Greater Rochester Track Club	<i>William Hearne</i>	324 Ayrault Road	Fairport	14450	585-377-3537	whearne@rochester.rr.com
0040	Huron Athletic Club	<i>Russ Ebbets</i>	PO Box 229	Union Springs	13160	315-730-0210	spinedoctor229@hotmail.com
1013	Inner Visions Track	<i>Kenneth Bragg</i>	127 Eller Avenue	Buffalo	14211	716-602-1386	
0090	Ithaca Enclave	<i>Ian Golden</i>	138 W. State Street	Ithaca	14850	607-275-3572	ian@fingerlakesrunningcompany.com
0983	Ithaca United Track Club	<i>Andri Goncarovs</i>	401 E. State Street #400	Ithaca	14850	607-227-2806	Goncarovs@claritydelivers.com
0195	Livingston County Pole Vault Plant	<i>Mike Auble</i>	12 Cottage Court	Warsaw	14569	585-322-3459	mjaubbs40@yahoo.com
0065	Mark Lawrence DBA Music X-Press	<i>Mark Lawrence</i>	PO Box 37	Buffalo	14240	716-574-0888	heartrateupinfo@yahoo.com
0060	Miracles Track Club	<i>Jacob Minniefield</i>	2156 Fox Chase Road	Lake View	14085	716-627-7888	minniefield@ecc.edu
0392	Niagara Walkers	<i>Dave Lawrence</i>	94 Harding Avenue	Kenmore	14217	716-875-6361	dlawrence55@verizon.net
1025	Northern Elite Track Club	<i>Sarah McNutt</i>	4664 Beach Ridge Road	Lockport	14094	716-625-9144	emeraldkaeru@hotmail.com
0080	Novelis 10 Kan Run	<i>Pete Sears</i>	69 Burden Drive	Oswego	13126	315-342-1912	pksears@juno.com
0982	RIT River Road Running Club	<i>Bill Quinlisk</i>	412 Humboldt Street	Rochester	14610	585-482-6371	billq@rochester.rr.com
0643	Silver Streaks AC	<i>Ray Thompson</i>	29 Green Street	Franklinville	14737	716-676-3285	rwt31@hotmail.com
0162	St. Ann's Center/Buffalo Pioneers	<i>Earl Daniels</i>	261 Walnut Street	Buffalo	14204	716-856-9660	
1023	Suhr Sports	<i>Rick Suhr</i>	730 Jenkins Road	Churchville	14428	585-294-5050	info@suhrsports.com
0092	Syracuse Chargers TC, Inc	<i>Evelyn White</i>	118 Foxcroft Lane	Fayetteville	13066	315-637-6211	NandEWhite@aol.com
0389	Syracuse Track Club	<i>Margaret Hartmann</i>	340 Montgomery Street	Syracuse	13202	315-446-2929	margaret.hartmann@verizon.net
0030	Team Recoil	<i>Tyler Gutierrez</i>	106 Tracy Street	Waverly	14892	607-738-4374	gute-of-spades@hotmail.com
0063	The Finger Lakes Runners Club	<i>Diane Sherrer</i>	57 Cayuga Street	Trumansburg	14886	607-387-6281	dysherrer@hotmail.com
0600	Thunderbird Club	<i>Bryan Howard</i>	PO Box 58	Dewittville	14728	716-753-3366	tctruck@cecomet.net
1010	Tipperary Hill Neighborhood Assn	<i>Brian Abbott</i>	455 Bryant Avenue	Syracuse	13204	315-471-8837	babbott4@twcny.rr.com
0095	Tompkins County Pole Vault Club	<i>Matthew Scheffler</i>	1364 Sovocool Hill Road	Groton	13073	607-279-9495	msch0922@brockport.edu
0015	Town of Grand Island	<i>Linda Tufillaro</i>	3278 Whitehaven Road	Grand Island	14072	716-783-9680	recreation@grandisland.ny.us
0800	University at Buffalo	<i>Andrea Costantino</i>	150 Student Union, Student Life	Buffalo	14260	716-645-2055	costanti@buffalo.edu
0045	Upstate New York Road Runners	<i>Kevin P. Lucas</i>	94 South Ridge Trail	Fairport	14450	585-421-9626	k_p_lucas@frontiernet.net
0075	VM Project	<i>Victoria Mitchell</i>	27 Vernon Drive	Cheektowaga	14225	716-645-6815	vam3@buffalo.edu
0085	Western New York Finish Line Services	<i>John Beishline</i>	451 Evergreen Drive	Tonawanda	14150	716-694-5154	beishsearch@cs.com
1026	Western New York Road Runners	<i>Andrew Fetzner</i>	314 Dunbar Road	Hilton	14468	585-233-3085	coachfetzner@yahoo.com
0972	Willie Hutch Jones TC	<i>Willie D. Jones, Jr.</i>	206 Central Blvd. #206	Buffalo	14208	716-912-5888	WHJSC@aol.com
1003	WNY Track & Field and CC Officials Assn.	<i>Michael Blest</i>	375 Dushane Drive	Buffalo	14223	716-836-7282	mjblest@aol.com

Meet Your 2007-2009 USATF Niagara Officers

USATF Niagara Association Re-Elects/Elects Officers and Committee Chairs for 2007-2009 Term

At the Spring Meeting of the *USATF Niagara Association* held in Fairport on Sunday, June 17th, the following people were re-elected or newly elected as officers and committee chairs serving for the 2007-2009 term.

David Oja of Syracuse and former Niagara President was newly elected as Second Vice President. *Jim Glinsky* of Pittsford and long time official was also elected as Niagara Association Officials Chair.

President and Sports Medicine & Science Chair: *Russ Ebbets*
P.O. Box 229, Union Springs, NY 13160-0229
315-889-5168 * fax: 315-889-3578 * E-mail: spinedoctor229@hotmail.com

Women's LDR Chair: *Mickey Piscitelli*
4091 Cortina Road, Baldwinsville, NY 13027-9298
315-638-9662 * E-mail: mpiscite@twcnv.rr.com

First Vice President and LDR Chair: *Bill Quinlisk*
412 Humboldt Street, Rochester, NY 14610-1113
585-482-6371 * fax: 585-475-5675 * E-mail: billq@frontiernet.net

Master's LDR Chair: *Bob Carroll*
6225 W Quaker Street, Orchard Park, NY 14127-2641
716-662-1331 * E-mail: r2b2xc@adelphia.net

Second Vice President: *David Oja*
213 Scott Avenue, Syracuse, NY 13224-1723
315-446-6285 * E-mail: daveoja@a-znet.com

Race Walk Chair: *Allen James*
5594 Townline Road, Sanborn, NY 14132-9372
716-478-6367 * E-mail: allen.james@olympian.org

Secretary, Treasurer, and Sanctioning Chair: *Kevin P. Lucas*
94 South Ridge Trail, Fairport, NY 14450-3843
585-421-9626 * fax: 585-388-9683 * E-mail: k_p_lucas@frontiernet.net

Officials Chair: *Jim Glinsky*
49 Tumbleweed Drive, Pittsford, NY 14534-2547
585-334-6172 * E-mail: jglinsky@rochester.rr.com

Membership and Men's LDR Chair: *Peter Glavin*
PO Box 16375, Rochester, NY 14616-0375
585-720-9252 * E-mail: pglavin@rochester.rr.com

Coaching & Education Chair: *Oscar Jensen*
115 Bent Tree Lane, Baldwinsville, NY 13037-3392
315-635-7312 * E-mail: ojensen@twcnv.rr.com

Track & Field and Masters T & F Chair: *Perry Jenkins*
72 Cedar Road, Cheektowaga, NY 14715-2912
716-832-0843 & 716-645-6801 * fax: 716-645-6889 * E-mail: Jenkins@ecc.edu

Technical Chair: *Pat Leone*
8542 Lakeshore Road, Cicero, NY 13039-9724
315-420-4921 * E-mail: pat@leonetiming.com

Youth Track & Field Chair: *David Reinhardt*
c/o Chautauqua Striders, 101 E. 4th St, Jamestown, NY 14701-5380
716-484-6052 & 716-488-2203 ext 230 * fax: 716-487-1434 E-mail: david@chautauqua-striders.org



2007 Criminal Background Checks - Approved Youth Coaches/Volunteers List

In 2007 it is mandatory that **ALL** youth club coaches and volunteers who work with athletes under 18 years of age **MUST** pass our association **Criminal Background Screening Check** each year to be eligible to participate in the *USATF Niagara Association's Youth Programs*. New or renewal youth organizational club applications will not be processed nor accredited until all coach and volunteer applicants have been processed through the *Criminal Background Screening Check*. Until the club paperwork is processed and accepted, that club will not have *USATF* insurance coverage. Once a youth club has been accredited, new coaches or volunteers may not participate in the club program until they have successfully passed the *Criminal Background Screening Check*.

For a current list of **Coach/Volunteers in Good Standing**: www.usatf.org/about/programs/backgroundChecks/info.asp?associationNumber=4

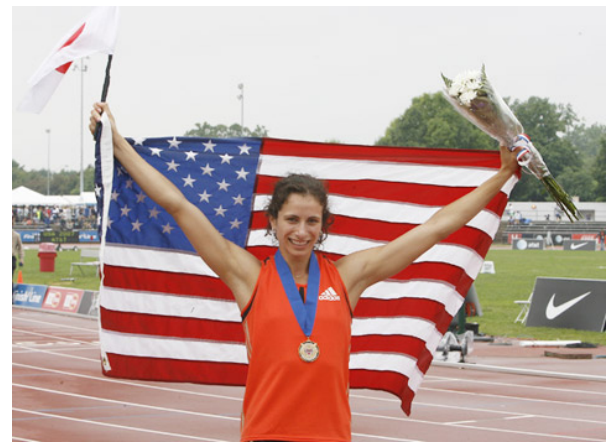
Parents, guardians, and club administrators can check to see which coaches and volunteers have successfully passed the Background Screening Check. Coaches or volunteers who fail the *Background Screening Check* will not be listed and may not participate in any function with any registered youth club in the *USATF Niagara Association*. Please contact us with any questions at **585-421-9626** or visit: www.usatf.org/about/programs/backgroundChecks/

Stuczynski Sets New American Pole Vault Record



Jennifer Stuczynski of Churchville first broke the American outdoor pole vault record on May 20th at the *Adidas Track Classic* in Carson, California while vaulting 15 feet 10.5 inches and beating a very strong field of competitors. Later in the season at the *Reebok Grand Prix* on June 2nd at Icahn Stadium in New York City, *Stuczynski* shattered her own new American Record and cleared 16 feet. *Jennifer* is only one of two women in the world to clear 16 feet, the other is the current World Record holder **Yelena Isinbayeva** who has vaulted 16 feet 5.25 inches. A few weeks later on June 24th *Stuczynski* repeated as USA Outdoor Champion at the *AT&T USA Outdoor Track & Field Championships* at IU Michael A. Carroll Track & Soccer Stadium, Indianapolis, Indiana.

Jennifer suffered a back injury while training in July and never recovered before the August 28th *IAAF World Championships* in Osaka, Japan, she finished 10th in the world despite her injuries. The winning jump was 15 feet 8.97 inches by *Isinbayeva* of Russia.



Questions or comment please contact us at k_p_lucas@frontiernet.net or call 585-421-9626.



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